

UTAH COVID-19 Resources

Your COVID-19 Vaccine

- ✓ COVID-19 vaccines are safe and effective.
- ✓ Everyone 5 years and older is now eligible to get a free COVID-19 vaccination.
- ✓ Some people who are fully vaccinated against COVID-19 will still get sick and have a vaccine breakthrough infection because no vaccine is 100% effective.
- ✓ If you are fully vaccinated, you can resume many activities that you did prior to the pandemic.
- ✓ Your initial vaccination is effective at preventing severe illness, but it may not work as well over time or against new variants. Increased protection is even more important with indoor activities.
- ✓ To find a vaccine near you, visit coronavirus.utah.gov/vaccine



For some immunocompromised children aged 5–11 years old, CDC now recommends an additional dose of the Pfizer-BioNTech COVID-19 vaccine to complete the primary series – a total of three doses.

CDC now recommends booster shots at 5 months after the completion of the primary series of Pfizer-BioNTech COVID-19 vaccine for those aged 16 and older.

When to Get Your Booster Shot

- ✓ Pfizer-BioNTech or Moderna: 5 months after your 2nd dose
- ✓ Johnson & Johnson's Janssen: 2 months after your single dose

What to Expect during and after Your Booster Shot Appointment

- ✓ Bring your CDC COVID-19 Vaccination Record card to your booster shot appointment so your provider can fill in the information about your booster dose. If you did not receive a card at your first appointment, contact the vaccination site where you got your first shot or your state health department to find out how you can get a card.
- ✓ You may experience side effects after getting a COVID-19 vaccine. These are normal signs that your body is building protection against COVID-19.

7 things Parents should know about the COVID-19 Vaccine

1. Children need to be vaccinated.
2. The vaccine was not rushed.
3. Mild or moderate side effects are common.
4. Long term side effects, like infertility or miscarriage, are unlikely.
5. The vaccine is VERY effective.
6. Even if your child already had COVID-19, he or she should still get vaccinated.
7. COVID-19 mRNA vaccines do not change your DNA.

For more information, talk to your doctor or visit Coronavirus.Utah.gov/Vaccine



Emma Eccles Jones College of Education & Human Services
Institute for Disability Research, Policy & Practice
UtahStateUniversity.